

**PRESS RELEASE**



**NO FEAR, NO FORCE**

*A guide to handling and training unhandled and semi-feral foals in an ethical and gentle way*

By  
**Sarah Weston**  
*Recommended Associate*

***NO FEAR, NO FORCE***  
*A Guide to Handling and Training  
Unhandled and Semi-feral Foals in  
an Ethical and Gentle Way.*

By  
**SARAH WESTON**  
*Recommended Associate of the Intelligent  
Horsemanship Association*

*“Sarah has an exceptional ability with unhandled and semi-feral ponies and a straightforward way of teaching others to work with them in the same way”.*

**Kelly Marks**

Every foal should come with a copy of this book! Whether unhandled, manhandled or badly handled, this book enables anyone to tame and train their foal using techniques that create a lasting bond and real confidence. Placing the emphasis on touch first, the techniques describe a logical approach to establishing contact with your foal based on his own psychology without resorting to physical restraint.

The author, Sarah Weston, is a Recommended Associate of Intelligent Horsemanship, based in the New Forest.

*“I wanted to devise a technique that would help wild foals to adjust to a domesticated life quickly so that they stood more chance of staying in their first home and wouldn’t end up in a downward spiral; the techniques described in my book have worked with every breed of wild or nervous foal that I have worked with and for other people too.”*

**SARAH WESTON**

This book will create a new tradition in foal handling.

*Profusely illustrated throughout in full colour.*

AN INTERVIEW WITH THE AUTHOR OR REVIEW COPIES AVAILABLE ON REQUEST.

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